

**BLESSED
TO
SEE
ANOTHER
YEAR**

June 1st ~ Jorge Charadan
June 1st ~ Zandra Smith
June 4th ~ Frank Martin
June 9th ~ Kyree Capron
June 13th ~ Alva Whiteside
June 14th ~ Diane Davis
June 17th ~ Emmett Tyre,
June 26th ~ Kenya Hamilton
June 28th ~ Robin Ward
June 28th ~ Jakkia Jawdia
June 30th ~ Toryan Dunlap

Sometimes I feel like Ruth.

(Ruth 1:16)

Starting over, grieving what I used to have, walking into the unknown with nothing but faith. Showing up every day with tired hands and a hopeful heart, not knowing how it will all work out yet trusting God with the little I have left.

But the same God who honored Ruth's loyalty, honors mine. He will lead me into new beginnings I didn't see coming. He will turn survival into favor.

Thank You

We are glad you joined us today. We pray that you will experience God's presence as we share the wisdom found in HIS WORD.



This is the day the LORD
has made. We will rejoice
and be glad in it.

Psalm 118:24



June 14, 2026

SCHEDULE OF SERVICES

Sunday Morning Worship	8:00am
Sunday School	10:00am
Spanish Ministry	11:30am
Tuesday Night Prayer/Bible Class	7:00pm
Thursday Oh What A Fellowship	10:00am

1263 NW 67 Street, Miami, Florida 33147
(305)836-4555 • LCCCMIAAMI.ORG

White Stool (Poop) – Should I Be Concerned?

The normal color of your stool is brown. So why is it white? There are several reasons why your poop may have different array of colors. The good news is, your toilet bowl may indicate a color from something you ate or drank. However, once that food/drank is out of your system, your poop should go back to it's normal color. But when the color lingers for a few days or week, it may be a sign that something is seriously wrong. Now it is time to notify your primary care doctor. Let's go deeper and get a better understanding of poop colors. To help with completion of food digestion, bile is the last substance to complete the last digestive process. Bile a sticky thick fluid, produce by the liver to break down fatty foods for easy absorption of nutrients into the blood stream. Bile also helps with the movements of undigested foods (waste product) into the large intestine, where it is compacted into poop. Bile gives poop it's normal color brown and is moved into the rectum for storage until time for elimination through the anus. Most people don't look at the toilet bowl before they flush. Not aware of the different array of colorful poop, that may show the first warning signs of a serious health problem. White or clay colored stool can indicate a lack of bile, or a possible liver disease. Such as hepatitis, cirrhosis and bile duck obstruction. Pancreatic disorders and certain medications – aluminum hydroxide and antacids, also Barium a white oral substance used to help with x-ray of the digestive system, will cause white poop. Other colors such as black-tarry poop indicates bleeding from upper digestive system and red poop indicates bleeding in the lower digestive system.



“So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.”

-2 Corinthians 4:18

Home Bound/Hospital

Ingrid T. Anfield	Brianna Mazyck
Rhonda Brown	Horatio McKenzie
Alvin Davis	K'Anna Preston
Quintin Davis	Carmen Smith
Victor Flores	Zandra Smith
Gregory Howard	Clifford Thomas
Lizzie Hutton	Sonya Thomas
Tawanna Ingram	Clarence Webster
Jackie Jones	Margaret Wiggins
Michael Jones	Nicaise Wiggins
Sandra Jones	Sharon Wiggins
Vincent (Buck) Lee	Kermit Wyche

Not Residing in Miami-Dade

Dora Ayala	Jason James
Abraham Bassie	Ashton Mitchell
Valerie Brown	Gwen McQueen
Lorinda Crumity	Deshawn Morris
Anaya Daniels	Rhonne Rolie
Emma Davis	Paula Shannon
Emma Garvin	Renee Stevenson
	Ella Trice



Sister's Bible Class & Brother's Empowerment

Class **Weekly Following Worship**

6/20 Brother's Business Meeting 9:00AM

**6/21 Congregation Food Distribution AFTER
WORSHIP**

6/21 HAPPY FATHER'S DAY

6/27 Community Food Distribution 1:00PM

6/27 VBS Kickoff Picnic TBD

6/29 – 7/1 VBS Nightly @ Brownsville CoC 7:00PM

**SCAN
TO
GIVE**

