

**BLESSED
TO
SEE
ANOTHER
YEAR**

Avery Mitchell 3/29
Lourdes O'Neal 3/29
Zonnie Brown 3/31
Kermit Wyche 4/7
Kevin Pugh 4/10
Desiree Higgs 4/23

Joi Crockett 4/23
Jordan Crockett 4/23
Aaron Gibbs 4/25
Brittany Black 4/29
Emily Flores 4/29
Ana Maria Flores 4/30



**SCAN
TO
GIVE**



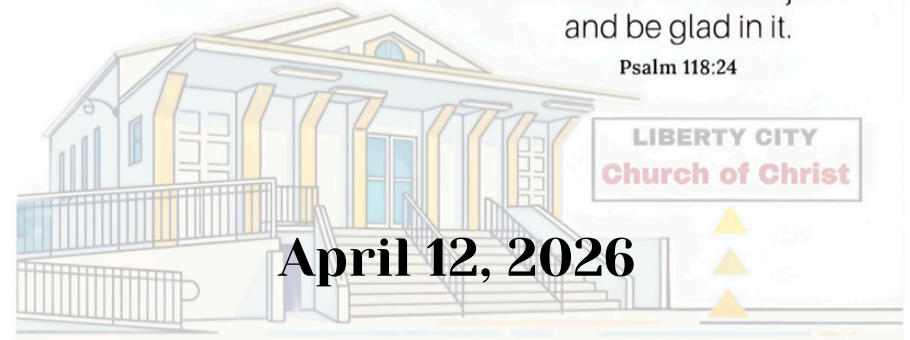
Thank You

We are glad you joined us today. We pray that you will experience God's presence as we share the wisdom found in HIS WORD.



This is the day the LORD has made. We will rejoice and be glad in it.

Psalm 118:24



**LIBERTY CITY
Church of Christ**

April 12, 2026

SCHEDULE OF SERVICES

Sunday Morning Worship	8:00am
Sunday School	10:00am
Spanish Ministry	11:30am
Tuesday Night Prayer/Bible Class	7:00pm
Thursday Oh What A Fellowship	10:00am

1263 NW 67 Street, Miami, Florida 33147
(305)836-4555 • LCCCMIAAMI.ORG



“So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.”

-2 Corinthians 4:18

Home Bound/Hospital

Ingrid T. Anfield
Rhonda Brown
Alvin Davis
Quintin Davis
Victor Flores
Gregory Howard
Lizzie Hutton
Tawanna Ingram
Jackie Jones
Michael Jones
Sandra Jones
Vincent (Buck) Lee

Brianna Mazyck
Horatio McKenzie
K'Anna Preston
Carmen Smith
Zandra Smith
Clifford Thomas
Sonya Thomas
Clarence Webster
Margaret Wiggins
Nicaise Wiggins
Sharon Wiggins
Kermit Wyche

Not Residing in Miami-Dade

Dora Ayala
Abraham Bassie
Valerie Brown
Lorinda Crumity
Anaya Daniels
Emma Davis
Emma Garvin

Jason James
Ashton Mitchell
Gwen McQueen
Deshawn Morris
Rhone Rolie
Paula Shannon
Renee Stevenson
Ella Trice



Sister’s Bible Class & Brother’s Empowerment Class

Weekly following Worship

4/18 Brother’s Business Meeting 9:00AM

4/18 Youth Rally @ West Broward CoC 9:00AM

4/19 Congregation Food Distribution After Worship

4/25 Community Food Distribution 1:00PM

4/26 Youth Sunday Fellowship @ Magnolia Park 2:30PM

We invite you to connect with us on our NEW Facebook page at Liberty City Church of Christ! It's the perfect place to stay updated with our latest events, worship services, and community activities. Whether you're looking to deepen your faith, find support, or engage with others, our page offers a welcoming and nurturing environment for everyone. Join our online community today and be part of our journey as we grow together in faith and fellowship. We look forward to seeing you there!

Your brain, a masterful conductor in all life’s situations, faces the ultimate test when stress threaten to drown out reason. In today’s fast-paced world, the ability to think clearly and make sound decision under pressure is a necessity. Recognizing personal stressors is a crucial step in managing your response to severe stress. The impact of stress on our ability to think clearly can be profound, affecting memory, attention span and problem-solving skills.

GOOD TO KNOW: When we experience stress, our bodies release hormones – cortisol and adrenaline. Cortisol hormone is used for prolong stress situations, keeping the body functioning. Adrenaline hormone release quickly due to a sudden stress situation and is short lived. But they can be detrimental, when we need to engage in prolong stressful situations. The brain is the main source for handling physiological responses effectively. Mental resilience is the cornerstone of effective thinking under pressure. It is the ability to bounce back from setbacks due to stress, and maintain a clear mind in challenging situations, by making a pathway for clear thing thinking. Brain cells are the foundation of clear thinking and making decisions. This depends on how well brain cells work and communicate. Neurons (brain cells) send electrical and chemical signals across the brain for clear thinking. Your brain is constantly reshaping itself based on your lifestyle. In other words, your brain can rewire itself based on what you do, think and experience. Because of the brain’s ability to change, you can learn new things at any age, change behaviors/ thinking patterns. There are things you can do to help manage stress: when it occurs, several slow deep breathing or an arm stretching exercise