

**BLESSED
TO
SEE
ANOTHER
YEAR**

Avery Mitchell 3/29
Lourdes O'Neal 3/29
Zonnie Brown 3/31
Kermit Wyche 4/7
Kevin Pugh 4/10

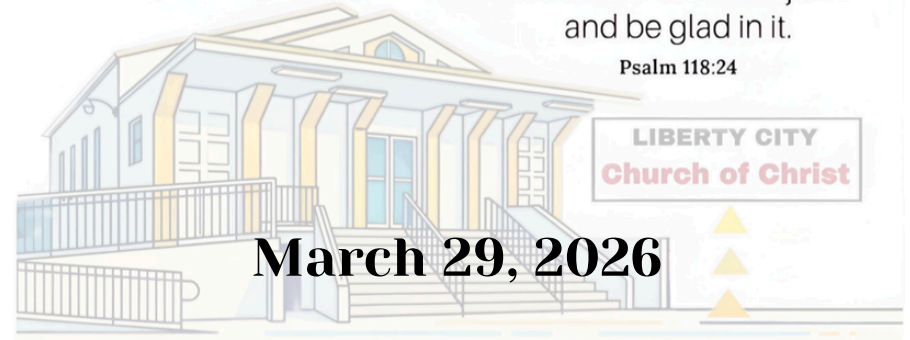
Desiree Higgs 4/23
Aaron Gibbs 4/25
Brittany Black 4/29
Emily Flores 4/29
Ana Maria Flores 4/30



I don't retaliate, I file
spiritual paperwork.

This is the day the LORD
has made. We will rejoice
and be glad in it.

Psalm 118:24



**SCAN
TO
GIVE**



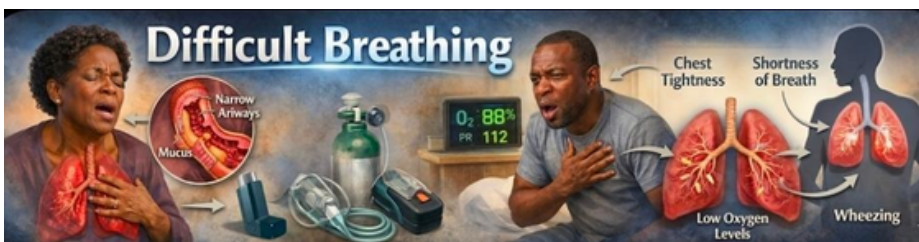
Thank You

We are glad you joined us today. We pray that you will experience
God's presence as we share the wisdom found in HIS WORD.

SCHEDULE OF SERVICES

Sunday Morning Worship	8:00am
Sunday School	10:00am
Spanish Ministry	11:30am
Tuesday Night Prayer/Bible Class	7:00pm
Thursday Oh What A Fellowship	10:00am

1263 NW 67 Street, Miami, Florida 33147
(305)836-4555 • LCCCMIAAMI.ORG



GOD

“So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.”

-2 Corinthians 4:18

Home Bound/Hospital

- Ingrid T. Anfield
- Rhonda Brown
- Alvin Davis
- Quintin Davis
- Victor Flores
- Gregory Howard
- Lizzie Hutton
- Tawanna Ingram
- Jackie Jones
- Michael Jones
- Sandra Jones
- Vincent (Buck) Lee

Not Residing in Miami-Dade

- Brianna Mazyck
- Horatio McKenzie
- K'Anna Preston
- Carmen Smith
- Zandra Smith
- Clifford Thomas
- Sonya Thomas
- Clarence Webster
- Margaret Wiggins
- Nicaise Wiggins
- Sharon Wiggins
- Kermit Wyche

Not Residing in Miami-Dade

- Dora Ayala
- Abraham Bassie
- Valerie Brown
- Lorinda Crumity
- Anaya Daniels
- Emma Davis
- Emma Garvin
- Jason James
- Ashton Mitchell
- Gwen McQueen
- Deshawn Morris
- Rhonne Rolie
- Paula Shannon
- Renee Stevenson
- Ella Trice

Difficult breathing is the feeling that you can't get enough air into your lungs. It is also a feeling of gasping for air causing you to work harder to breath. Heart and lung conditions are the most common cause for difficult breathing. Let's focus our attention on some of the things that will happen, when we have difficulty breathing. The entire body depends on the lungs to function correctly, providing oxygen to the blood vessels so the heart can pump effectively, getting adequate amount of oxygen to all areas. However, the body depend on other organs / tissues to do their part for daily bodily functions. But oxygen is at top of the list. When God made man, He breathe the breath of life (oxygen) into man's nostril and man was able to function. If you ever notice in a medical emergency, oxygen is always used to help maintain life.

Whenever a blockage or narrowing of the blood vessels occurs, for whatever reason, oxygen intake will decrease. A problem of this source will cause the heart to beat faster and harder, causing the blood to flow delivering oxygen to all areas. But over a period of time, this extra heart workload can weaken the heart muscle, presenting chest pains and difficult breathing, leading to a life – threatening situation.

Anemia is another health condition, that can cause difficult breathing. People with anemia have a red blood cell count that is less than normal, meaning less amount of circulating oxygen intake. Most of the time breathing can be difficult doing the slightest activity, requiring frequent rest periods and sometimes oxygen. Other symptoms include uncontrollable headaches, confusion and chest pains. Medication is required to help improve the production of red blood cells and control of symptoms.



Sister's Bible Class & Brother's Empowerment Class

Weekly following Worship

**4/2-4/5 39th Annual Ladies' Lectureship Retreat
Houston, TX "Saddle Up Your Faith"**

4/6 Virtual Education/Teachers Meeting 7:00PM

4/18 Brother's Business Meeting 9:00AM

4/19 Congregation Food Distribution After Worship

4/25 Community Food Distribution 1:00PM

4/26 Youth Sunday Fellowship @ Magnolia Park 2:30PM

We invite you to connect with us on our NEW Facebook page at Liberty City Church of Christ! It's the perfect place to stay updated with our latest events, worship services, and community activities. Whether you're looking to deepen your faith, find support, or engage with others, our page offers a welcoming and nurturing environment for everyone. Join our online community today and be part of our journey as we grow together in faith and fellowship. We look forward to seeing you there!