December 8, 2024

ANP.

Vol. 49

Senior Minister, Evangelist Eric W. Doss

<u>MISSION:</u> "To proclaim and teach the message of Jesus Christ, live for God, love one another and minister faithfully to people."

MEMORY VERSES: "God is our refuge and strength, a very present help in trouble." Psalms 46:1 "Humble yourselves therefore under the mighty hand of God, that He may exalt you in due time: Casting all your care upon Him; for He careth for you." 1 Peter 5:6 & 7

MOTTO: GOD LOVES YOU AND WE LOVE YOU TOO!

December

(Holidays or Holydays)

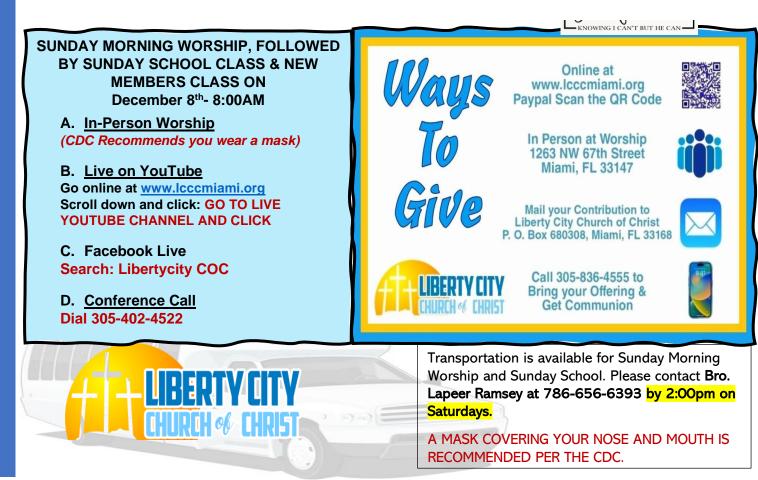
From the Minister's Desk

To our distinguished visitors:

We are honored to have you worship with us! We'd love to get to know you better, share our mission and vision as a church and explore how you can become a part of our family.

If you, any member of your family or friends you know of are interested in becoming a member of the Liberty City Church of Christ, please contact any member of the Liberty City Church of Christ and they will direct your request to our Evangelism Ministry Leaders or you may call our Evangelist directly, Eric W. Doss (786) 491-5072

We are regular people from all walks of life. We are imperfect. We have strengths and weaknesses. But we love a perfect God, who sent the greatest example, Jesus Christ, and we want to spend eternity with Him. We hope you will join us on this journey.





Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus – Philippians 4:6-7

Continue to pray for our families in bereavement, our students, our teachers, cities & countries in turmoil, cities and countries devastated by natural disasters, our government officials, our first responders, and all hospital staffee and an anticipate and anticipate anticipate and anticipate and anticipate ant

Sick and Shut-In

<u>Ho</u> Ingrid T. Anfield Earnestine Doss Tawanna Ingram Vincent (Buck) Lee Zandra Smith Yolanda Thompson Kermit Wyche	me Bound/Hospital Earl Allen Gregory Howard Michael Jones Brianna Mazyck Clifford Thomas Margaret Wiggins	Rhonda Brown Lizzie Hutton Sandra Jones K'Anna Preston Sonya Thomas Sharon Wiggins	<u>Not Residi</u> Peyton Allison Annie Brown Carolyn Cephas Anaya Daniels Emma Garvin Gwen McQueen Paula Shannon Ella Trice	ng in Miami-Dade Dora Ayala Valerie Brown Lorinda Crumity Emma Davis Jason James Rhonne Rollie Margarette Simmons Joe Wiley
	rs in Christ. Prayir Our de Our th		arts and prayers a comfort to everyor mpathy rayers are r times of	are with our bereaved ne impacted by loss.

Bipolar Disorder

Submitted by: Beatrice Ramsey

Bipolar disorder, formerly called manic depression, a mental health condition that causes extreme abnormal personality mood swings. These mood swings can affect a person's sleeping pattern, energy activities and judgment interfering with their ability to think clearly. Episodes of mood swings from depression to manic behavior, may occur rarely or multiple times a year. Between episodes, some people have long periods of emotional stability. Others may frequently have mood swings from depression to manic behavior or have both at the same time. **REMEMBER:** manic depression is always part of another per-existing mental health condition. Bipolar disorder causes noticeable problems at work, school and social activities, because of the interference in getting alone with others. This behavior may cause a break from reality, known as psychosis. You may need to stay in the hospital for treatment. Thoughts about suicide and acting on these thoughts are common for people with bipolar disorder.

Symptoms of bipolar disorder can be hard to identify in children and teens. However, the most noticeable signs, in children and teens may be severe mood swings that aren't like their usual mood swings. Bipolar disorder is lifelong, you can manage your illness by following a treatment plan.



- 12/8 Ladies Bible Class 9:30AM
- 12/10 Visit JT JR Women's Facility 11:00AM
- 12/21 Men's Business & Empowerment Meeting 9:00AM
- 12/21 Kwanzaa 4:00PM
- 12/28 Community Food Distribution 1:00PM
- 12/31 New Year's Eve



Zoom Meeting ID., & Passcode have been sent via Email or Text for Zoom Conferencing OR Dial: 305-402-4522

Surround yourself with friends who will tear a hole in the roof, lift you up, and carry you down to the feet of Jesus.

December Birthday Shoutout (Celebrating This Month)

Robert Wiggins Sr	12/1
Donnalynn Allen	12/6
Parker Daniels	12/9
Gerri Jones	12/11
Bob Moody	12/12
Quintrell Davis-Daniels	12/15
Victoria Charles	12/15
Yemaya Michens	12/31

Does anyone else just wish that Jesus would walk into your kitchen, sit down with a cup of coffee, look at you and say "ok, here is what we are going to do".



Announcements



Tuesday Night Bible Study books "One Thing I Know", which studies from the book of John are available for purchase of \$6.00 each.

Please see Bro. Doss for more information.





yem

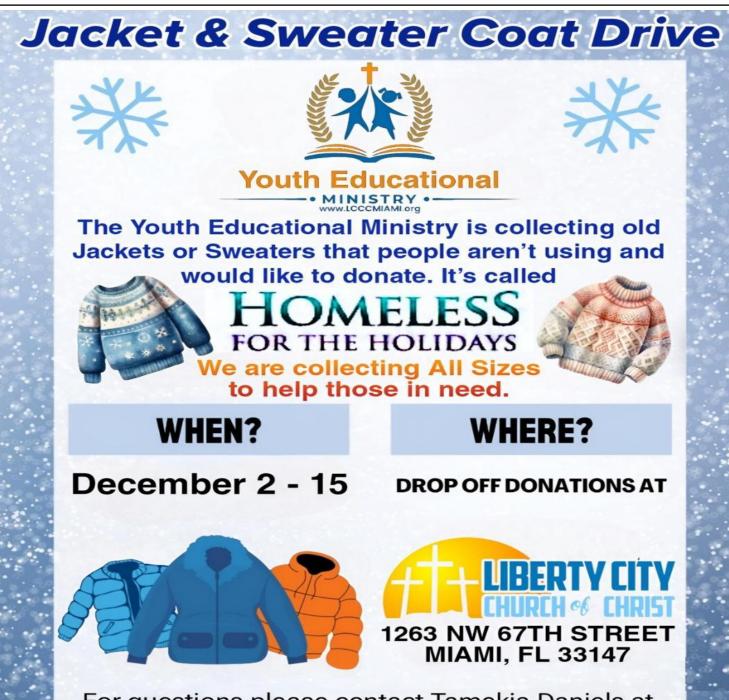
(Youth Educational Ministry)



Located at the corner of

Growing & Up





For questions please contact Tamekia Daniels at 786-556-4615









