# August 11, 2024 Vol. 33

# Senior Minister, Evangelist Eric W. Doss

<u>MISSION:</u> "To proclaim and teach the message of Jesus Christ, live for God, love one another and minister faithfully to people."

MEMORY VERSES: "God is our refuge and strength, a very present help in trouble." Psalms 46:1 "Humble yourselves therefore under the mighty hand of God, that He may exalt you in due time: Casting all your care upon Him; for He careth for you." 1 Peter 5:6 & 7



#### MOTTO: GOD LOVES YOU AND WE LOVE YOU TOO!



To our distinguished visitors:

We are honored to have you worship with us! We'd love to get to know you better, share our mission and vision as a church and explore how you can become a part of our family.

If you, any member of your family or friends you know of are interested in becoming a member of the Liberty City Church of Christ, please contact any member of the Liberty City Church of Christ and they will direct your request to our Evangelism Ministry Leaders or you may call our Evangelist directly, Eric W. Doss (786) 491-5072

We are regular people from all walks of life. We are imperfect. We have strengths and weaknesses. But we love a perfect God, who sent the greatest example, Jesus Christ, and we want to spend eternity with Him.

We hope you will join us on this journey.



#### SUNDAY MORNING WORSHIP, FOLLOWED BY SUNDAY SCHOOL CLASS & NEW MEMBERS CLASS ON August 11<sup>th</sup>- 8:00AM

A. <u>In-Person Worship</u> (CDC Recommends you wear a mask)

B. <u>Live on YouTube</u> Go online at <u>www.lcccmiami.org</u> Scroll down and click: GO TO LIVE YOUTUBE CHANNEL AND CLICK

LIBERTY CITY

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C. Facebook Live Search: Libertycity COC

D. <u>Conference Call</u> Dial 305-402-4522



Transportation is available for Sunday Morning Worship and Sunday School. Please contact **Bro.** Lapeer Ramsey at 786-656-6393 by 2:00pm on Saturdays.

A MASK COVERING YOUR NOSE AND MOUTH IS RECOMMENDED PER THE CDC.



*Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus* – Philippians 4:6-7

Continue to pray for our families in bereavement, our students, our teachers, cities & countries in turmoil, cities and countries devastated by natural disasters, our government officials, our first responders, and all hospital staff

## Sick and Shut-In



Home Bound/Hospital			Not Residing in Miami-Dade	
Ingrid T. Anfield Annie Brown Matilda Clark Gregory Howard Vincent (Buck) Lee Shirley Scott Sonya Thomas Sharon Wiggins	Earl Allen Rhonda Brown Henrietta Crumity Lizzie Hutton Brianna Mazyck Zandra Smith Yolanda Thompson Kermit Wyche	Abraham Bassie William Brown Earnestine Doss Sandra Jones K'Anna Preston Clifford Thomas Margaret Wiggins	Peyton Allison Carolyn Cephas Anaya Daniels Emma Garvin Gwen McQueen Margarette Simmons Joe Wiley	Valerie Brown Lorinda Crumity Emma Davis Jason James Rhonne Rollie Ella Trice

Love gives us memories. Faith gives us strength. Our hearts and prayers are with our bereaved sisters and brothers in Christ. Praying for peace and comfort to everyone impacted by loss. Our deepest heart-felt sympathy

Deepest condolences to Sis Tamekia Daniels at the passing of her father in Bradenton, FL. Praying for our Sister-in-Christ, the family, friends and everyone impacted at his passing

### Understanding Heart Problems Symptoms: Part 2

Submitted by: Beatrice Ramsey

Risk factors, such as dietary restrictions of high sodium and saturated fatty fried foods, should be at the top to avoid. Due to the life-threatening consequences, they cause. **GOOD TO KNOW:** your liver work hard to remove bad cholesterol from your blood. But sometimes certain proteins can disrupt your liver's hard work. The lower you can keep your cholesterol level, less problems for your heart. Consistent high levels of cholesterol will cause plaque formation on the walls of the blood vessels. Restricting blood flow, causing the heart to beat and pump harder, to comply with the body's demand for blood supply. Keep in mind – some heart attacks happen suddenly. But many people have warning signs and symptoms hours, days or weeks in advance. The key to the previous statement, knowing heart symptoms and when to notify your doctor.

A heart attack is a medical emergency. **Symptoms** – pain in the jaw, neck, back, legs and arms. Also swollen feet / legs, difficult breathing, choking sensation, cold sweating and dizziness. Call your doctor immediately.



8/11 Sun. Ladies Bible Class 9:30AM

8/12 Broward County Public School Begins

- 8/15 Miami Dade County Public School Begins
- 8/17 Health Care Seminar (Health Care Ministry
- 8/17 Men's Business & Empowerment Meeting 9:00AM
- 8/23-8/25 LCCC Anniversary Homecoming Reunion





Zoom Meeting ID., & Passcode have been sent via **Email or Text for Zoom Conferencing** OR Dial: 305-402-4522

GOD WILL WRECK YOUR PLANS WHEN HE SEES TAT YOUR ANS ARE Aboutto WRECK YOU

**August Birthday Shoutout** 





<b>Catherine Daniels</b>	8/1	
Endia Jackson	8/1	
Henrietta Crumity	8/2	
Earl Allen	8/7	
Tammy Scott	8/7	
Kayla Belcher	8/8	
Deborah Bolden	8/14	
Barbara Belcher	8/19	
Jacqueline Jones	8/20	
Freeman Wyche Sr	8/25	

Michael & Jacqueline Jones 8/4 Robert & Margaret Wiggins 8/13

Timothy & Barbara Belcher 8/17

1 JOHN 4:16

