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July 7, 2024

Vol. 28

Senior Minister, Evangelist Eric W. Doss

MISSION: "To proclaim and teach the message of Jesus Christ, live for God, love one another and minister faithfully to people."

MEMORY VERSES: "God is our refuge and strength, a very present help in trouble." **Psalms 46:1**

"Humble yourselves therefore under the mighty hand of God, that He may exalt you in due time: Casting all your care upon Him; for He careth for you." **1 Peter 5:6 & 7**

MOTTO: GOD LOVES YOU AND WE LOVE YOU TOO!



JULY (FAMILY MATTERS)

From the Minister's Desk

To our distinguished visitors:

We are honored to have you worship with us! We'd love to get to know you better, share our mission and vision as a church and explore how you can become a part of our family.

If you, any member of your family or friends you know of are interested in becoming a member of the Liberty City Church of Christ, please contact any member of the Liberty City Church of Christ and they will direct your request to our Evangelism Ministry Leaders or you may call our Evangelist directly, Eric W. Doss (786) 491-5072

We are regular people from all walks of life. We are imperfect. We have strengths and weaknesses. But we love a perfect God, who sent the greatest example, Jesus Christ, and we want to spend eternity with Him.

We hope you will join us on this journey.



SUNDAY MORNING WORSHIP, FOLLOWED BY SUNDAY SCHOOL CLASS & NEW MEMBERS CLASS ON July 7th- 8:00AM

A. In-Person Worship
(CDC Recommends you wear a mask)

B. Live on YouTube
Go online at www.lcccmiami.org
Scroll down and click: **GO TO LIVE YOUTUBE CHANNEL AND CLICK**

C. Facebook Live
Search: Libertycity COC

D. Conference Call
Dial 305-402-4522

Ways To Give

Online at www.lcccmiami.org
Paypal Scan the QR Code



In Person at Worship
1263 NW 67th Street
Miami, FL 33147



Mail your Contribution to
Liberty City Church of Christ
P. O. Box 680308, Miami, FL 33168



Call 305-836-4555 to
Bring your Offering &
Get Communion



Transportation is available for Sunday Morning Worship and Sunday School. Please contact **Bro. Ronald Bolden** at 786-223-7828 **by 2:00pm on Saturdays.**

A MASK COVERING YOUR NOSE AND MOUTH IS RECOMMENDED PER THE CDC.



Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus - Philippians 4:6-7

Continue to pray for our families in bereavement, our students, our teachers, cities & countries in turmoil, cities and countries devastated by natural disasters, our government officials, our first responders, and all hospital staff



Sick and Shut-In

Home Bound/Hospital

Ingrid T. Anfield	Earl Allen	Abraham Bassie
Annie Brown	Rhonda Brown	Matilda Clark
Earnestine Doss	Gregory Howard	Lizzie Hutton
Gerri Jones	Michael Jones	Sandra Jones
Vincent (Buck) Lee	Brianna Mazyck	K'Anna Preston
Clifford Thomas	Sonya Thomas	Yolanda Thompson
Margaret Wiggins	Sharon Wiggins	Freeman Wyche Sr.
Kermit Wyche		

Not Residing in Miami-Dade

Peyton Allison	Valerie Brown
Carolyn Cephas	Lorinda Crumity
Anaya Daniels	Emma Davis
Emma Garvin	Jason James
Gwen McQueen	Rhonne Rollie
Margarette Simmons	Ella Trice
Joe Wiley	

Love gives us memories. Faith gives us strength. Our hearts and prayers are with our bereaved sisters and brothers in Christ. Praying for peace and comfort to everyone impacted by loss. Our deepest heart-felt sympathy



Our thoughts and prayers are with those in their times of mourning.

Constipation --- Part 1

Submitted by: Beatrice Ramsey

Constipation occurs when your bowel movements become less frequent, resulting in small amounts of hard dry stools, making it difficult for passage through the anal opening. Let's focus our attention on what cause our stool to become hard and dry. The large intestine which is near the end of our digestive system, is responsible for converting digestive food into stool. The large intestine (colon) absorbs water and nutrients from digested food as it moves through the digested tract, solidifying undigested food into stool. Keep in mind-- if food moves too slowly through the colon for abnormal reasons, such as illnesses, medications, dehydration, lack of exercise, not enough fiber in your diet and ignoring the urge to have a bowel movement, the normal plan will change. This hindrance will cause the colon to absorb too much water, resulting in hard dry stools --- constipation. Also, additional dryness will occur when stool is stored in the rectum, until the nerves trigger the urge to poop. Remember: normal stool elimination maybe different for each person. Researchers reported some people may have one or two normal bowel movements daily. While others may have bowel movements every other day.

Part 2 --- symptoms and treatments.

Announcements and Upcoming Events



JULY (FAMILY MATTERS)

7/13 Ladies Bible Class **9:30AM**

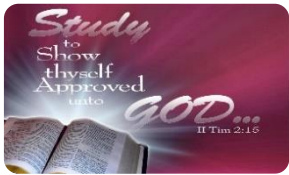
7/15-7/19 SE Youth Conference (Valdosta St. U.)

7/20 Men's Business Meeting & Men's Empowerment **9:00AM**

7/21 Congregation Food Distribution **After Worship**

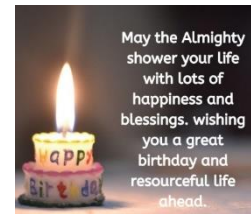
7/27 Community Food Distribution **1:00PM**

7/28 Youth 4th Sunday @ Deerfield CoC **2:30PM**



Zoom Meeting ID., & Passcode have been sent via Email or Text for Zoom Conferencing
OR
Dial: 305-402-4522

July Birthday Shoutout (Celebrating This Month)



Debra Carter	7/9
Alicia Mitchell	7/12
John Herriott	7/13
Vinson "Buck" Lee	7/17
Ivenette Black	7/18
Ailea Cutler	7/18
Kandys Thomas	7/25
Alfonso Artis	7/30

Make a "coffee date" with Jesus and meet with:

The Perfect Counselor
John 14:26

The Perfect Comforter
2 Corinthians 1:3-5

The Perfect Friend
John 15:15

The God of Peace
John 14:27

The God of Joy
Romans 15:13

Happy Anniversary
Clifford & Kathy Thomas 7/4



Do everything in love.

CORINTHIANS 16:14

Announcements

GOVERN
YOURSELF
ACCORDINGLY

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YOURSELF
ACCORDINGLY

Back to the Bible Series



WHAT: "The Study of the Book of Revelations"

WHEN: First week of July thru May 2025

WHERE: Weekly at the church building

WHO: Brother Franklin Florence, teacher

HOW: See Sister Bea Ramsey or Sister Barbra Brantley

yem

(Youth Educational Ministry)

TELL
ME AND I'LL FORGET
TEACH
ME AND I'LL REMEMBER
involve
ME AND I'LL LEARN

Located at the corner of

Growing & Up

TELL
ME AND I'LL FORGET
TEACH
ME AND I'LL REMEMBER
involve
ME AND I'LL LEARN

Liberty City Youth Group (LCYG) will be singing at Deerfield Church of Christ for 4th Sunday in July. Come out and support.

Brownsville
Church of Christ

BACK TO SCHOOL

HEALTH & RESOURCE FAIR

AUGUST 10, 2024
10:00AM-2:00PM

Book Bag & School Supplies Giveaway
FREE Haircuts & Hairstyles
Health and Resource Vendors
Inspirational Speakers

FOOD | FUN | ENTERTAINMENT
For More Information Call 786-277-2022

LOCATION
4561 NW 33rd Ct Miami, FL 33142