

L  
C  
C  
C  
L  
e  
d  
g  
e  
r

July 14, 2024 Vol. 29  
Senior Minister, Evangelist Eric W. Doss

**MISSION:** "To proclaim and teach the message of Jesus Christ, live for God, love one another and minister faithfully to people."

**MEMORY VERSES:** "God is our refuge and strength, a very present help in trouble." **Psalms 46:1**  
"Humble yourselves therefore under the mighty hand of God, that He may exalt you in due time: Casting all your care upon Him; for He careth for you." **1 Peter 5:6 & 7**

**MOTTO:** GOD LOVES YOU AND WE LOVE YOU TOO!



# JULY (FAMILY MATTERS)

## From the Minister's Desk

To our distinguished visitors:

We are honored to have you worship with us! We'd love to get to know you better, share our mission and vision as a church and explore how you can become a part of our family.

If you, any member of your family or friends you know of are interested in becoming a member of the Liberty City Church of Christ, please contact any member of the Liberty City Church of Christ and they will direct your request to our Evangelism Ministry Leaders or you may call our Evangelist directly, Eric W. Doss (786) 491-5072

We are regular people from all walks of life. We are imperfect. We have strengths and weaknesses. But we love a perfect God, who sent the greatest example, Jesus Christ, and we want to spend eternity with Him.

We hope you will join us on this journey.



**SUNDAY MORNING WORSHIP, FOLLOWED BY SUNDAY SCHOOL CLASS & NEW MEMBERS CLASS ON July 14<sup>th</sup>- 8:00AM**

- A. In-Person Worship**  
*(CDC Recommends you wear a mask)*
- B. Live on YouTube**  
Go online at [www.lcccmiami.org](http://www.lcccmiami.org)  
Scroll down and click: **GO TO LIVE YOUTUBE CHANNEL AND CLICK**
- C. Facebook Live**  
**Search: Libertycity COC**
- D. Conference Call**  
**Dial 305-402-4522**

# Ways To Give

Online at [www.lcccmiami.org](http://www.lcccmiami.org)  
Paypal Scan the QR Code



In Person at Worship  
1263 NW 67th Street  
Miami, FL 33147



Mail your Contribution to  
Liberty City Church of Christ  
P. O. Box 680308, Miami, FL 33168



Call 305-836-4555 to  
Bring your Offering &  
Get Communion



Transportation is available for Sunday Morning Worship and Sunday School. Please contact **Bro. Ronald Bolden** at 786-223-7828 **by 2:00pm on Saturdays.**

**A MASK COVERING YOUR NOSE AND MOUTH IS RECOMMENDED PER THE CDC.**



*Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus – **Philippians 4:6-7***

*Continue to pray for our families in bereavement, our students, our teachers, cities & countries in turmoil, cities and countries devastated by natural disasters, our government officials, our first responders, and all hospital staff*



### Sick and Shut-In

#### Home Bound/Hospital

Ingrid T. Anfield	Earl Allen	Abraham Bassie
Annie Brown	Rhonda Brown	Matilda Clark
Earnestine Doss	Gregory Howard	Lizzie Hutton
Gerri Jones	Michael Jones	Sandra Jones
Vincent (Buck) Lee	Brianna Mazyck	K'Anna Preston
Clifford Thomas	Sonya Thomas	Yolanda Thompson
Margaret Wiggins	Sharon Wiggins	Kermit Wyche

#### Not Residing in Miami-Dade

Peyton Allison	Valerie Brown
Carolyn Cephas	Lorinda Crumity
Anaya Daniels	Emma Davis
Emma Garvin	Jason James
Gwen McQueen	Rhonne Rollie
Margarette Simmons	Ella Trice
Joe Wiley	

**Love gives us memories. Faith gives us strength. Our hearts and prayers are with our bereaved sisters and brothers in Christ. Praying for peace and comfort to everyone impacted by loss. Our deepest heart-felt sympathy**



*Our thoughts and prayers are with those in their times of mourning.*

### Constipation --- Part 2

**Submitted by: Beatrice Ramsey**

#### **Symptoms:**

- \*Hard, dry or lumpy stools from too much water absorption in the colon.
- \*Straining with mild or severe pain when passing stools. Frequent prolong straining can cause hemorrhoids - swollen veins in the rectum or anus. Usually they are painful, itchy and will sometimes bleed especially when you are sitting, from the rough lumpy stool at the opening of the anus.
- \*Fewer than three stools a week, because of the painful urge to pass stool.
- \*Bleeding from the rectum, resulting from a tear in the lining of the anus.
- \*Cramping a dull burning sensation to a sharp stabbing stomach pain. *This occurs when there is a build – up of hard stool inside the intestines.*
- \*Nausea – the effect of intense stomach discomfort with gas bloating and inability to have a bowel movement will cause nausea, occasional vomiting.
- \* Loss of appetite resulting from full intestines, unable to empty stool into the rectum, causing a blockage in the anus from no bowel elimination.

**Home Remedies: Drink 6 – 8 glasses of water daily. Increase fiber in your daily diet, add prunes and coffee to help stimulate regular bowel movements. Exercise daily and take a laxative, prescribed by doctor.**

# Announcements and Upcoming Events



## JULY (FAMILY MATTERS)

7/14 Ladies Bible Class **9:30AM**

7/15-7/19 SE Youth Conference (Valdosta St. U.)

7/20 Men's Business Meeting & Empowerment **9:00AM**

7/21 Congregation Food Distribution **After Worship**

7/27 Community Food Distribution **1:00PM**

7/28 Youth 4<sup>th</sup> Sunday @ 15<sup>th</sup> Street **2:30PM**



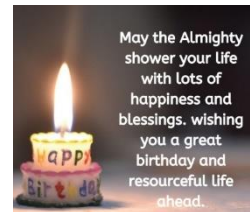
Zoom Meeting ID., & Passcode have been sent via Email or Text for Zoom Conferencing  
OR  
Dial: 305-402-4522

Sometimes God will SLOW you down so that the evil ahead of you will PASS before you get there.

Your DELAY could mean your PROTECTION

**GOD DIDN'T GIVE YOU THE STRENGTH TO GET BACK ON YOUR FEET SO YOU CAN RUN BACK TO THE SAME THING THAT KNOCKED YOU DOWN.**

### July Birthday Shoutout (Celebrating This Month)



Debra Carter	7/9
Alicia Mitchell	7/12
John Herriott	7/13
Vinson "Buck" Lee	7/17
Ivenette Black	7/18
Ailea Cutler	7/18
Kandys Thomas	7/25

### Happy Anniversary Clifford & Kathy Thomas 7/4



Do everything in love.

CORINTHIANS 16:14

# Announcements

GOVERN  
YOURSELF  
ACCORDINGLY

GOVERN  
YOURSELF  
ACCORDINGLY

yem

(Youth Educational Ministry)

Located at the corner of  
*Growing & Up*

TELL  
ME-AND-I'LL-FORGET  
**TEACH**  
ME-AND-I'LL-REMEMBER  
*involve*  
ME-AND-I'LL-LEARN

TELL  
ME-AND-I'LL-FORGET  
**TEACH**  
ME-AND-I'LL-REMEMBER  
*involve*  
ME-AND-I'LL-LEARN

4<sup>TH</sup> Sunday has been moved to 15<sup>th</sup> Street CoC.  
Group LCYG will be singing - Come out and support.

Brownsville  
Church of Christ

**BACK  
SCHOOL  
HEALTH & RESOURCE  
FAIR**

**AUGUST 10, 2024**  
**10:00AM-2:00PM**

**Book Bag & School Supplies Giveaway**  
**FREE Haircuts & Hairstyles**  
**Health and Resource Vendors**  
**Inspirational Speakers**

**FOOD | FUN | ENTERTAINMENT**  
For More Information Call 786-277-2022

**LOCATION**  
4561 NW 33rd Ct Miami, FL 33142

*Chef Vanroy Anthony*

PRESENTS

**SUMMER**

**MULTI CULTURE**

**COOKOUT**



**CARIBBEAN  
CUISINE**



**NORTH AMERICAN  
CUISINE**



**LATIN  
CUISINE**



**ORIENTAL  
CUISINE**

**SATURDAY AUGUST 3, 2014 11AM TO 5PM**

**VOLLEYBALL | BASKETBALL | TUG OF WAR**

**LAKESHORE PARK**

**8501 SHERMAN CIRCLE, MIRAMAR FL 33025**

TICKETS AGES 5-12 \$5 AGES 13 & UP \$10

FOR TICKETS SEE YOUR BOWSER REPRESENTATIVE

RSVP: LORNE EMMANUEL (386)205-4195 OR LORNEFIT@GMAIL.COM

PERRY DOUGLAS (217)851-9019

1-800-913-5481 - SENETTACAR@AOL.COM

MINISTER VANROY ANTHONY (954)461-4611

**FREE SCHOOL SUPPLIES**

**CASHAPP: \$PIERCE2210 ZELLE: (786) 426-0113**