November 19, 2023, Vol. 47 Senior Minister, Evangelist Eric W. Doss

MISSION: "To proclaim and teach the message of Jesus Christ, live for God, love one another and minister faithfully to people."

MEMORY VERSES: "God is our refuge and strength, a very present help in trouble." Psalms 46:1
"Humble yourselves therefore under the mighty hand of God, that He may exalt you in due time: Casting all your care
upon Him; for He careth for you." 1 Peter 5:6 & 7

MOTTO: GOD LOVES YOU AND WE LOVE YOU TOO!

November's Monthly Theme: Each One Bring

From the Minister's Desk

To our distinguished visitors:

We are honored to have you worship with us! We'd love to get to know you better, share our mission and vision as a church and explore how you can become a part of our family.

If you, any member of your family or friends you know of are interested in becoming a member of the Liberty City Church of Christ, please contact any member of the Liberty City Church of Christ and they will direct your request to our Evangelism Ministry Leaders or you may call our Evangelist directly, Eric W. Doss (813) 451-0121. corner

We are regular people from all walks of life. We are imperfect. We have strengths and weaknesses. But we love a perfect God, who sent the greatest example, Jesus Christ, and we want to spend eternity with Him.

We hope you will join us on this journey.

SUNDAY MORNING WORSHIP, FOLLOWED BY SUNDAY SCHOOL & NEW MEMBERS CLASS ON

November 19th-8:00AM

A. In-Person Worship

(CDC Recommends you wear a mask)

B. Live on YouTube

Go online at www.lcccmiami.org Scroll down and click: GO TO LIVE YOUTUBE CHANNEL AND CLICK

C. Facebook Live

Search: Libertycity COC

D. Conference Call

Dial 305-402-4522



Online at www.lcccmiami.org Paypal Scan the QR Code



In Person at Worship 1263 NW 67th Street Miami, FL 33147



Mail your Contribution to Liberty City Church of Christ P. O. Box 680308, Miami, FL 33168





Call 305-836-4555 to Bring your Offering & Get Communion





Transportation is available for Sunday Morning Worship and Sunday School. Please contact **Bro.**Lapeer Ramsey at 786-656-6393 by 2:00pm on Saturdays.

A MASK COVERING YOUR NOSE AND MOUTH IS RECOMMENDED PER THE CDC.



Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in

Christ Jesus - Philippians 4:6-7



Continue to pray for our families in bereavement, our students, our teachers, cities & countries in turmoil, cities and countries devastated by natural disasters, our government officials, our first responders, and all hospital staff

Sick and Shut-In

Ingrid T. Anfield
Rhonda Brown
Earnestine Doss
Carlton Hunter
Sandra Jones

Sandra Jones Brianna Mazyck Earnest Salter Yolanda Thompson Margaret Wiggins Home Bound/Hospital
Patton Allison A
Toya Burns N

Lana Doss Lizzie Hutton Vincent (Buck) Lee Joan McIntosh

Clifford Thomas Troy Walker Sharon Wiggins a<u>l</u> Annie Brown Michelle Davis Gregory Howard Charles (Tony) Ingram

K'Anna Preston Sonya Thomas Henry Ward Kermit Wyche

Anita Luster

Not Residing in Miami-Dade

Dora Ayala

Carolyn Cephas

Emma Davis

Betty Kendall

Troy McQueen

Margarette Simmons

Valerie Brown

Lorinda Crumity

Emma Garvin

Gwen McQueen

Rhonne Rollie

Love gives us memories. Faith gives us strength. Our hearts and prayers are with our bereaved

sisters and brothers in Christ. Praying for peace and comfort to everyone impacted by loss. Our deepest heart-felt sympathy



Our thoughts and prayers are with those in their times of mourning.

MEDICALLY SPEAKING

Submitted by: Beatrice Ramsey

Nutrition: Life Sustaining Requirements --- Part 1

Nutrition is the process of taking in food and converting it into energy, for a normal maintenance of life. Nutrition plays a great role in our daily life. The solid foods and liquids affect our health because each contains particular nutrients, that is very necessary for our physical and mental growth. We should be knowledgeable of how to plan a well balance diet for each meal. Also taking in consideration the amount to be eaten. There are many disagreements concerning dietary plans, affecting people's ability to choose correctly.

Severe nutritional inadequacy can lead to disease and even death. The American diet is not effective in many ways. First, not containing the proper amounts of essential nutrients. Secondly, our fast pace in our daily lives Makes it easy to buy processed foods and speedily consume with partial satisfaction. During food processing, many of the beneficial nutrients, in the food are removed. Such as fiber, but they add potentially harmful ingredients like sugar, trans fats and artificial chemicals. Next session is part 2.



Announcements and Upcoming Events

November's Monthly Theme: Each One Bring One

11/24 **Happy Thanksgiving Day** – safe travels to all! Enjoy

December's Monthly Theme: Holydays or Holidays

12/2 Personal Evang. Class 10:00AM

12/4 Virtual Educational Mtg. 7:00PM

12/9 Men's Leadership Growth & Dev. 10:00AM

12/10 Ladies Bible Class 10:30AM

12/16 Inner City CoC Toy Drive 10:00AM

12/25 Merry Christmas – safe travels to all! Enjoy

12/3 Deadline for Donations to Jessie Trice Reaves House

12/9 Youth Gala Christ-Mas More Christ 6:00PM

12/16 Men's Trustee & Business Meeting 9:00AM

12/16 Happy Kwanza Celebration 4:00PM

12/26 First Day of Kwanza

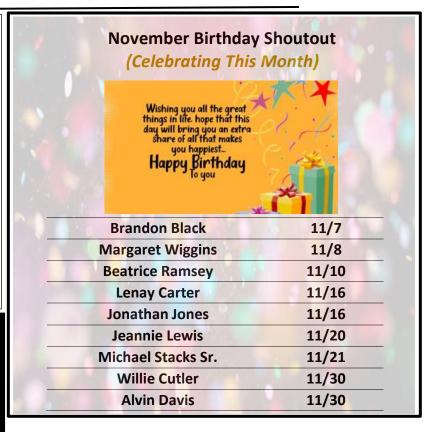




Zoom Meeting ID., & Passcode have been sent via Email or Text for Zoom Conferencing OR

Dial: 305-402-4522

We repent
enough to be
forgiven,
but do we
surrender
enough to be
changed?



"So they are no longer two, but one flesh: Therefore what Catdrel & Quintrelle MDaniels of Habby Amilyersary!



Announcements

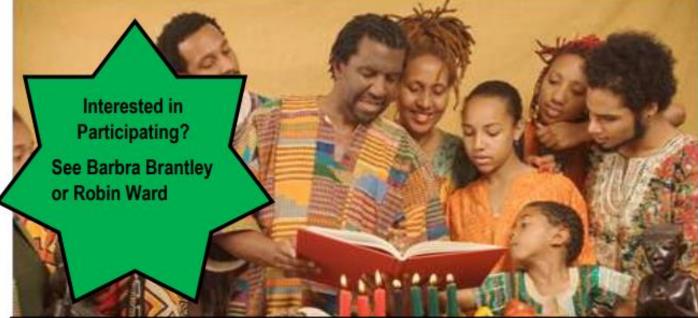


Jessie Trice Jefferson Reaves House



Interested in making a donation, please see Linda Bryant, Bernadette Wiggins, or Beatrice Ramsey



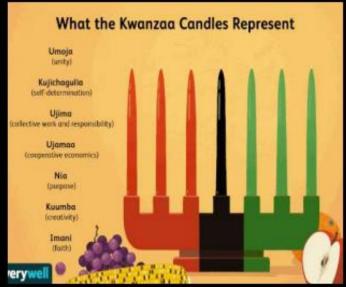


Liberty City Church of Christ

Saturday, December 16, 2023

4:00PM





Youth

Located at the corner of

Growing & Up



Inner City Church of Christ (CoC) Toy Drive
Liberty City & Brownsville Church of Christ *collaboration*



Saturday, December $16^{\text{th}} @ 10:00\text{AM}$

Location: Brownsville Church of Christ

Accepting unwrapped toys and monetary donations now