

MISSION: "To proclaim and teach the message of Jesus Christ, live for God, love one another and minister faithfully to people."

MEMORY VERSES: "God is our refuge and strength, a very present help in trouble." **Psalms 46:1**
"Humble yourselves therefore under the mighty hand of God, that He may exalt you in due time: Casting all your care upon Him; for He careth for you." **1 Peter 5:6 & 7**



MOTTO: GOD LOVES YOU AND WE LOVE YOU TOO!

October's Monthly Theme: Safe In His Arms

From the Minister's Desk

To our distinguished visitors:

We are honored to have you worship with us! We'd love to get to know you better, share our mission and vision as a church and explore how you can become a part of our family.

If you, any member of your family or friends you know of are interested in becoming a member of the Liberty City Church of Christ, please contact any member of the Liberty City Church of Christ and they will direct your request to our Evangelism Ministry Leaders or you may call our Evangelist directly, Eric W. Doss (813) 451-0121. corner

We are regular people from all walks of life. We are imperfect. We have strengths and weaknesses. But we love a perfect God, who sent the greatest example, Jesus Christ, and we want to spend eternity with Him.

We hope you will join us on this journey.



SUNDAY MORNING WORSHIP, FOLLOWED BY SUNDAY SCHOOL ON October 15th - 8:00AM

- A. **In-Person Worship**
(CDC Recommends you wear a mask)
- B. **Live on YouTube**
Go online at www.lcccmiami.org
Scroll down and click: **GO TO LIVE YOUTUBE CHANNEL AND CLICK**
- C. **Facebook Live**
Search: Libertycity COC
- D. **Conference Call**
Dial 305-402-4522

Ways To Give

Online at www.lcccmiami.org
Paypal Scan the QR Code



In Person at Worship
1263 NW 67th Street
Miami, FL 33147



Mail your Contribution to
Liberty City Church of Christ
P. O. Box 680308, Miami, FL 33168



Call 305-836-4555 to
Bring your Offering &
Get Communion



Transportation is available for Sunday Morning Worship and Sunday School. Please contact **Bro. Lapeer Ramsey** at 786-656-6393 **by 2:00pm on Saturdays.**

A MASK COVERING YOUR NOSE AND MOUTH IS RECOMMENDED PER THE CDC.



Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus – Philippians 4:6-7



Prayers / Special Prayers

Continue to pray for our families in bereavement, our students, our teachers, cities & countries in turmoil, cities and countries devastated by natural disasters, our government officials, our first responders, and all hospital staff

Sick and Shut-In

Home Bound/Hospital

Ingrid T. Anfield	Patton Allison	Annie Brown
Rhonda Brown	Michelle Davis	Earnestine Doss
Lana Doss	Gregory Howard	Carlton Hunter
Lizzie Hutton	Charles (Tony) Ingram	Sandra Jones
Vincent (Buck) Lee	Anita Luster	Brianna Mazyck
Joan McIntosh	K'Anna Preston	Earnest Salter
Clifford Thomas	Sonya Thomas	Yolanda Thompson
Troy Walker	Henry Ward	Margaret Wiggins
Sharon Wiggins	Kermit Wyche	

Not Residing in Miami-Dade

Dora Ayala	Valerie Brown
Carolyn Cephas	Lorinda Crumity
Emma Davis	Emma Garvin
Betty Kendall	Gwen McQueen
Troy McQueen	Rhonne Rollie
Margarette Simmons	Ella Trice

Love gives us memories. Faith gives us strength. Our hearts and prayers are with our bereaved sisters and brothers in Christ. Praying for peace and comfort to everyone impacted by loss. Our deepest heart-felt sympathy

Praying for Sis. Ivenette Black and family at the passing of her mother Mittie D. Fowler. Homegoing information is forthcoming.

Praying for Bro. Alvin Daniels and family at the passing of his sister Lois Hendricks. Homegoing information is forthcoming.

Back Pain pt. 1

Submitted by: **Beatrice Ramsey**

Back pain is one of the most common medical problems in the United States. It can range from a dull, constant ache to a sudden, sharp pain that may shoot down the leg. Sometimes it can come on suddenly – from an accident, a fall, or lifting something heavy, or it can develop slowly because of age-related degenerative changes in the spine. In some cases, inflammatory arthritis disorders or other medical conditions cause back pain.

Treatment varies depending on the cause and symptoms, and often there are several contributing factors. However, there are steps you can take to improve your health and lower your chance of developing chronic or long-lasting back pain.

Understanding the Anatomy of the Back

There are many different structures in the anatomy of the back that work together to support your body. Problems with any one of these structures can cause back pain.

- There are four regions of the spine:
 - Cervical spine. Thoracic spine. Lumbar spine. Sacrum and coccyx.
- Parts of the spine and back include:
 - Vertebrae – small bones stacked on top of one another, which protect the spinal cord.
 - Spinal cord – long bundle of nerves that run down the back through a canal in the vertebrae.
 - Intervertebral discs – cushion-like pads between the vertebrae that act like shock absorbers and spacers for the spine.
 - Ligaments – short bands of tough, flexible tissue that hold the vertebrae in place.
 - Tendons – cord of tissue that connects muscle to bone.
 - Muscles – a bundle of dynamic fibers that support your spine and upper body and help you move.

Announcements and Upcoming Events

October's Monthly Theme: Safe In His Arms

10/21 Men's Trustee & Business Meeting **9:00AM**

10/28 Trunk or Treat **6:00PM**

10/29 Youth 5th Sunday Fellowship **2:30PM**

10/28 Community Food Distribution **1:00PM-3:00PM**

10/29 **We Wear Pink to Worship** **8:00AM**

10/29 Virtual Game Night **6:00PM**



Zoom Meeting ID., & Passcode have been sent via Email or Text for Zoom Conferencing

OR

Dial: 305-402-4522

October Birthday Shoutout (Celebrating This Month)

May God always provide you the most precious thing in life: Health, Love, Joy, Peace and Prosperity

Happy Birthday!



William Brown	10/7
Johnnie Lamb	10/13
Kathy Thomas	10/14
Nancy Walker	10/16
Bernadette Wiggins	10/16
Briana Ripert	10/19

"Don't give up.
I'm sending
your answer."
-God

GOVERN YOURSELF ACCORDINGLY

Announcements

GOVERN YOURSELF ACCORDINGLY

OCT 20 THRU OCT 22

Brownsville Church of Christ
50TH CHURCH ANNIVERSARY & MINISTERS Appreciation Weekend



GUEST WORSHIP LEADER
DORIAN PAUL WILLIAMS

GUEST MINISTER
DAVID WATKINS III
 NORTH PEORIA COC

SENIOR MINISTER
HARRELL L. HENTON

LADIES CONFERENCE SPEAKER
SHAWNA WATKINS
 NORTH PEORIA COC

SONG FEST
 October 20, 2023
 6:30pm - 9:30pm
FREE

BANQUET
 October 21, 2023
 6pm-9pm
COST: \$50.00

WOMEN'S CONFERENCE
 October 21, 2023
 9am-12pm
COST \$20.00

WORSHIP SERVICE
 October 22, 2023
 11am

WAYS TO PURCHASE
 \$LadyGMcs 
 Eventbrite QR CODE


WWW.BROWNSVILLECOC.COM
 FOR MORE INFO: 305.343.4606

21 OCT BCOC WOMEN'S MINISTRY PRESENTS
"GREATER IS AHEAD"

WOMEN'S EMPOWERMENT Conference 2023

UPLIFTING PRAISE & WORSHIP
 TRANSFORMATIONAL SPEAKERS & POWERFUL FELLOWSHIP

SPECIAL GUEST SPEAKER
SIS. SHAWNA WATKINS
 NORTH PEORIA CHURCH OF CHRIST

YOUTH GUEST SPEAKER
SIS. TAMEKIA DANIELS
 LIBERTY CITY CHURCH OF CHRIST



REGISTRATION 8AM-9AM

Ways To Purchase Continental Breakfast

\$FAMILY9586 
 Eventbrite QR CODE


9AM-12PM
 Brownsville Church of Christ
 4561 NW 33RD CT
 MIAMI, FL 33142

Cost
 Adult \$20.00
 Youth \$10.00

For More Information Call 954-548-6606

HALLANDALE BEACH CHURCH OF CHRIST PRESENTS

GOSPEL MEETING

STARTING
9AM

SUNDAY
OCTOBER
29TH

GRACE AND TRUTH: THE FOUNDATION OF OUR SALVATION

Then join us nightly Monday - Thursday | 7PM ET

IB CHURCH OF CHRIST
AT HALLANDALE BEACH, FLORIDA



COREY L. GLOVER
MINISTER



NIGHTLY PREACHING BY
LEROY BUTLER, JR.
MINISTER
WOODLAWN FORREST
CHURCH OF CHRIST

Thanksgiving
FOOD
BASKETS

Thanksgiving
FOOD
BASKETS

This year's holiday (Thanksgiving) baskets

**Deadline to request a basket for yourself and/or
someone is Sunday November 5th**

Distribution November 18th Time TBA

See Sis Theresa Davis

Youth

Located at the corner of

Growing & Up

- Friends & Family Day; worship services located on church property
 - Family & Friends Fall Fest has been rescheduled for November 19th 10:00AM. Guest Speaker Minister Bro. Trevonte Peterson, of Sweetwater CoC in Jacksonville, FL

- Come out and support the Sunday Youth Fellowship



- Annual Trunk or Treat event. October 28th 4:00PM. Located in parking lot of church building



- Teachers & Support Staff Appreciation Brunch. *Everyone is invited. We are asking you to RSVP please*
 - November 5th 10:00AM

Liberty City Church of Christ
2023


Youth Educational
MINISTRY
www.LCCCMIAM.org

PRESENTS

**Teachers & Support Staff
Appreciation Brunch**

**NOVEMBER 5, 2023
10:00 AM**

**Smiley's
Banquet Hall
5711 NW 7th Ave.
Miami, FL. 33127**

**R.S.V.P. Required
Call (305) 434-6057 to RSVP**

Use Rear Entrance on NW 6th Place Light Green Building Parking In The Field