#### August 27, 2023 Vol. 35 Senior Minister, Evangelist Eric W. Doss

MISSION: "To proclaim and teach the message of Jesus Christ, live for God, love one another and minister faithfully to people."

MEMORY VERSES: "God is our refuge and strength, a very present help in trouble." Psalms 46:1 "Humble yourselves therefore under the mighty hand of God, that He may exalt you in due time: Casting all your care upon Him; for He careth for you." 1 Peter 5:6 & 7



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MOTTO: GOD LOVES YOU AND WE LOVE YOU TOO!

August's Monthly Theme: Still Have Joy

## From the Minister's Desk

To our distinguished visitors:

We are honored to have you worship with us! We'd love to get to know you better, share our mission and vision as a church and explore how you can become a part of our family.

If you, any member of your family or friends you know of are interested in becoming a member of the Liberty City Church of Christ, please contact any member of the Liberty City Church of Christ and they will direct your request to our Evangelism Ministry Leaders or you may call our Evangelist directly, Eric W. Doss (813) 451-0121.

We are regular people from all walks of life. We are imperfect. We have strengths and weaknesses. But we love a perfect God, who sent the greatest example, Jesus Christ, and we want to spend eternity with Him.

We hope you will join us on this journey.

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SUNDAY MORNING WORSHIP, FOLLOWED BY SUNDAY SCHOOL ON August 20, 2023 -8:00AM

A. In-Person Worship (CDC Recommends you wear a mask)

B. Live on YouTube Go online at www.lcccmiami.org Scroll down and click: GO TO LIVE YOUTUBE CHANNEL AND CLICK

C. Facebook Live Search: Libertycity COC

D. Conference Call Dial 305-402-4522



Mail your Contribution to Liberty City Church of Christ P. O. Box 680308, Miami, FL 33168







Transportation is available for Sunday Morning Worship and Sunday School. Please contact Bro. Lapeer Ramsey at 786-656-6393 by 2:00pm on Saturdays.

A MASK COVERING YOUR NOSE AND MOUTH IS RECOMMENDED PER THE CDC.



Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jacus, Philippians 4:6.7

Christ Jesus – Philippians 4:6-7 🚮

#### **Prayers / Special Prayers**



Continue to pray for our families in bereavement, our students, our teachers, cities & countries in turmoil, cities and countries devastated by natural disasters, our government officials, our first responders, and all hospital staff

#### Sick and Shut-In

Home Bound/Hospital			Not Residing in Miami-Dade	
Ingrid T. Anfield Rhonda Brown Andrew (Andy) Frazer) Lizzie Hutton Sandra Jones Brianna Mazyck Earnest Salter Yolanda Thompson Margaret Wiggins	Patton Allison Michelle Davis Gregory Howard Charles (Tony) Ingram Vincent (Buck) Lee Joan McIntosh Clifford Thomas Troy Walker Sharon Wiggins	Annie Brown Earnestine Doss Carlton Hunter Gerri Lynn Jones Anita Luster K'Anna Preston Sonya Thomas Henry Ward Kermit Wyche	Dora Ayala Carolyn Cephas Emma Davis Betty Kendall Troy McQueen Margarette Simmons <u>No Ca</u> Mittie D. Fowler	Valerie Brown Lorinda Crumity Emma Garvin Gwen McQueen Rhonne Rollie Ella Trice Ils/Visitors
God didn't promise days without	Our thoughts and prayers are			

God didn't promise days without pain, laughter without sorrow or sunshine without rain. But He did promise strength for the day and light for the way. Our thoughts and prayers are with those in their times of

mourning.

### <u>Bell's Palsy</u>

#### Submitted by: Beatrice Ramsey

Bell's Palsy is a neurological disease that cause paralysis or weakness on one side of the face. This occur when the nerves that controls muscle movements in your face, becomes injured or stop working properly due to swelling. Bell's Palsy begins suddenly and worsens over 48 hours. The weakness makes half of the face appear to droop. Smiles are one – sided, and the eye on the affected side resists closing or close and will not open. Bell's Palsy affects men and women equally. It is less common before age 15 or after age 60. This disease is not considered permanent, but in rare cases, it will not disappear. Keep in mind, the severity of the damage has a major role in the healing process and could be permanent. However, the body's recovery usually begins 2 weeks to 6 months from onset of symptoms. Most people with Bell's Palsy recover with full facial strength and expressions. The treatment for this disease is symptom management only. If a specific cause for Bell's Palsy is identified such as infection, then antibiotic will be given. Any type of pain, analgesics will begiven or eye drops to prevent dryness of the eye.

There are exercises that help improve the healing process. Many people with Bell's Palsy find it difficult to eat and drink since muscle movements are limited. Some also find that they are unable to control their saliva and dribbling becomes stressful. Mouth exercises can be done as tolerated 30 times, up to 4 times a day. First open your mouth as if you are going to smile, then close it, repeat as tolerated. Second with mouth close practice puckering your lips and let them relax, repeat as tolerated. Third stick out your tongue and aim it down toward your chin for 3 to 4 second, then relax by closing your mouth – repeating as tolerated. People with Bell's Palsy having difficulty closing affected eye interfere with sleeping ability. Also, people having difficulty opening affected eye cause interference with vision. These facial exercises help to regain control and function of the muscles surrounding the affected eye. First, using your finger raise your eyebrow up and down, up to30 times as tolerated 4 times a day. People with problems closing their eye, look downward using your finger gently massage the eyelid close for 2 to 4 seconds relax, repeat as tolerated. People with problems opening their eyes, use your finger to gently massage eye lid open for 2 to 4 seconds relax, repeat as tolerated.



# September's Monthly Theme: Fall-Ing in Love with Him

- 9/2 Personal Evangelism Class 10:00AM
- 9/5 Labor Day
- 9/9 Men's Leadership G&D 10:00AM
- 9/10 Ladies Bible Class 10:00AM
- 9/16 Men's Trustee & Business Meeting 9:00AM
- 9/17-National Singles Week (23rd-70's Event Singles)
  9/18 Virtual Educational Meeting 7:00PM
  9/23 Community Food Distribution 1:00PM-3:00PM
  9/30-10/6 Southeastern Lectureship Augusta, GA







Zoom Meeting ID., & Passcode have been sent via Email or Text for Zoom Conferencing OR Dial: 305-402-4522

The first ever Cordless Phone was created by God. He named it "Prayer"... It never Loses its Signal and U never have to Recharge it. Use it Anywhere...!



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# August Birthday Shoutout (Celebrating This Month)



Let this day be a day of celebration. And may God richly bless you and give you the desires of your heart.

Catherine Daniels	8/1
Henrietta Crumity	8/2
Earl Allen	8/7
Tammy Scott	8/7
Kayla Belcher	8/8
Deborah Bolden	8/14
Barbara Belcher	8/19
Jacqueline Jones	8/20
Freeman Wyche Sr	8/25
Abbie Mitchell	8/27

DEEPENING trust, STEADFAST faith, and UNBENDING hope. PRAYING FOR GOD'S CONTINUED BLESSING ON YOUR ANNIVERSARY! Michael & Jacqueline Jones 8/4

Cobert & Margaret Wiggins	8/13
imothy & Barbara Belcher	8/17

