# July 9, 2023 Vol. 28 Senior Minister, Evangelist Eric W. Doss

<u>MISSION:</u> "To proclaim and teach the message of Jesus Christ, live for God, love one another and minister faithfully to people."

MEMORY VERSES: "God is our refuge and strength, a very present help in trouble." Psalms 46:1 "Humble yourselves therefore under the mighty hand of God, that He may exalt you in due time: Casting all your care upon Him; for He careth for you." 1 Peter 5:6 & 7



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e C MOTTO: GOD LOVES YOU AND WE LOVE YOU TOO!

**July's Monthly Theme: Family Matters** 

### From the Minister's Desk

To our distinguished visitors:

We are honored to have you worship with us! We'd love to get to know you better, share our mission and vision as a church and explore how you can become a part of our family.

If you, any member of your family or friends you know of are interested in becoming a member of the Liberty City Church of Christ, please contact any member of the Liberty City Church of Christ and they will direct your request to our Evangelism Ministry Leaders or you may call our Evangelist directly, Eric W. Doss (813) 451-0121.

We are regular people from all walks of life. We are imperfect. We have strengths and weaknesses. But we love a perfect God, who sent the greatest example, Jesus Christ, and we want to spend eternity with Him.

We hope you will join us on this journey.



SUNDAY MORNING WORSHIP, FOLLOWED BY SUNDAY SCHOOL ON July 2, 2023 -8:00AM

A. <u>In-Person Worship</u> (CDC Recommends you wear a mask)

B. <u>Live on YouTube</u> Go online at <u>www.lcccmiami.org</u> Scroll down and click: GO TO LIVE YOUTUBE CHANNEL AND CLICK

C. Facebook Live Search: Libertycity COC

D. <u>Conference Call</u> Dial 305-402-4522



Transportation is available for Sunday Morning Worship and Sunday School. Please contact **Bro.** Lapeer Ramsey at 786-656-6393 by 2:00pm on Saturdays.

A MASK COVERING YOUR NOSE AND MOUTH IS RECOMMENDED PER THE CDC.



Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jacus, Philippians 4.6.7

Christ Jesus – Philippians 4:6-7 🎆

#### **Prayers / Special Prayers**



Continue to pray for our families in bereavement, our students, our teachers, cities & countries in turmoil, cities and countries devastated by natural disasters, our government officials, our first responders, and all hospital staff

#### Sick and Shut-In

Home Bound/Hospital			Not Residing in Miami-Dade	
Ingrid T. Anfield Rhonda Brown Andrew (Andy) Frazer) Lizzie Hutton Anita Luster Earnest Salter Yolanda Thompson Margaret Wiggins	Patton Allison Michelle Davis Gregory Howard Charles (Tony) Ingram Brianna Mazyck Clifford Thomas Troy Walker Sharon Wiggins	Annie Brown Earnestine Doss Carlton Hunter Sandra Jones K'Anna Preston Sonya Thomas Henry Ward Kermit Wyche	Dora Ayala Carolyn Cephas Emma Davis Betty Kendall Troy McQueen Margarette Simmons <u>No Ca</u> Mittie D. Fowler	Valerie Brown Lorinda Crumity Emma Garvin Gwen McQueen Rhonne Rollie Ella Trice Ils/Visitors

Love gives us memories. Faith gives us strength. Our hearts and prayers are with our bereaved sisters and brothers in Christ. Praying for peace and comfort to everyone impacted by loss. Our deepest heart-felt sympathy



Praying for the family of James B Collier, an uncle to the Collier and Manning (Chad).

#### <u>Heat Stroke</u>

#### Submitted by: Beatrice Ramsey

Heat stroke is the most serious heat – related illness. It occurs when the body becomes unable to control a normal temperate, rapidly rising to 104 degree or higher within 10 – 15 minutes. The body normally cools itself by sweating but under some conditions, sweating isn't enough. When the humidity is high sweat will not evaporate as quickly, preventing the body from releasing heat quickly. Heat stroke requires emergency treatment. <u>Untreated heat stroke can quickly damage your brain, heart, kidney, and muscles.</u> The damage worsens the longer treatment is delayed, increasing your risk of serious complications such as permanent disability or death.

**SYMPTOMS:** Altered mental behavior (confusion, agitation, slurred speech). Alteration in sweating (heat stroke brought on by hot weather, your skin will feel hot and dry to touch. (Heat stroke brought on by strenuous exercise, your skin may feel dry or slightly moist). Nausea, feeling sick to your stomach or vomit. Flushed skin turns red as your body temperature increases. Your breathing may become rapid and shallow. Your heart rate may significantly increase because of heat stress, causing a tremendous burden on your heart to help cool your body. Headaches may occur due to sudden changes in the normal healthy body status. Heat Stroke can also occur when a person is wearing excess clothing that prevents sweat from evaporating easily and cooling your body. Drinking alcohol can affect your body's ability to regulate your temperature. Becoming dehydrated by not drinking enough water to replenish fluids lost through sweating. **RISK FACTORS:** people 65 and older, per-existing illnesses, medications such diuretics, antidepressants, and blood pressure regulators. Also illegal stimulants such as cocaine can make you vulnerable to heat stroke. **TREATMENTS:** If you think a person may be experiencing heatstroke, call 911 for immediate emergency help. While waiting, move the person into a shaded area or indoors. Remove excess clothing, cool the person with whatever means available. Such as spray with a garden hose, sponge with cool water, fan while applying cool water, place icepacks or cold wet towels on the person's head, neck, and armpits. By all means **KEEP WELL HYDRATED** during the hot summer.

## Announcements and Upcoming Events

## **July's Monthly Theme: Family Matters**

- 7/9 Ladies Bible Class 9:30AM
- 7/15 Men's Trustee & Business Mtg 9:00AM
- 7/16 Congregational Food Distribution After Service
- 7/22 Community Food Distribution 1:00PM
- 7/22 Evening of Courageous Men 5:00PM
- 7/23 Parents' Day
- 7/29 Back to School Prayer Service & Giveaway 10:00AM
- 7/29 Lectureship Kickoff-Cookout 11:00AM
- 7/29-7/30 Family Empowerment Weekend





Zoom Meeting ID., & Passcode have been sent via Email or Text for Zoom Conferencing OR Dial: 305-402-4522



# PUT THIS ONYOUR CALENDAR!

#### July Birthday Shoutout (Celebrating This Month)



DEEPENING trust, STEADFAST faith, and UNBENDING hope. PRAYING FOR GOD'S CONTINUED BLESSING ON YOUR ANNIVERSARY!

Clifford & Kathy Thomas 7/4







## PLEASE JOIN US

WHO?	All Members of Liberty City Church of Christ	
FOR?	<b>Our LCCC Brothers</b>	
WHEN?	Saturday, July 22 <sup>nd</sup> at 5:00pm	
WHERE:	1263 NW 67th Street	
	Miami, Florida 33147	
WHY?	<b>To Support &amp; Encourage Our</b>	
	Brothers	

# **2023 FLORIDA STATE LECTURESHIP**

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For More Information www.vsconlineministries.com/flstatelectureship



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