

Liberty City Ledger

March 21, 2021

Issue 12

Senior Minister, Evangelist Eric W. Doss

MISSION: "To proclaim and teach the message of Jesus Christ, live for God, love one another and minister faithfully to people."

MEMORY VERSES: "God is our refuge and strength, a very present help in trouble." Psalms 46:1

"Humble yourselves therefore under the mighty hand of God, that He may exalt you in due time: Casting all your care upon Him; for He careth for you." 1 Peter 5:6 & 7

MOTTO: GOD LOVES YOU AND WE LOVE YOU TOO!

THEME: EACH ONE, SEEK ONE * EACH ONE, REACH ONE * GOD KEEP US ALL!

JOIN US FOR WORSHIP

Sunday, March 21st

9:00AM

Go online at www.lcccmiami.org

2. Scroll down and click: GO TO LIVE YOUTUBE

CHANNEL

3. Click: SUBSCRIPTION

OR

Dial 305-402-4522

Overcomers in 2021 (Part 12)

3. Ask for Help in the Moment

God enjoys giving wisdom to those who ask (James 1:5). " If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him". We are to turn our eyes to him in our weakest moments and seek his deliverance.

4. Replace It with a Deeper Joy

One of the best strategies for changing a behavior is to replace it. We can replace our unhealthy habitual patterns with healthy patterns. A short walk is healthier stress-relief than a bag of potato chips. An intellectually stimulating book is healthier than an addiction to video games.

God has promised never to let us face a temptation without providing a way out (1 Corinthians 10:13). We can join him in this work by planning enjoyable replacement activities for the times when we know we'll be tempted to indulge in unhealthy habits.

5. Tell a Friend

Finally, shining light on the hidden habits in our lives I often unleashes the power to set us free.

Prayer Request

Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much. James 5:16

Sick and Shut-In

Home Bound/Hospital

Queen Amos Geraldine Anfield Ingrid T. Anfield **Emery Ball** Mae Brown Rhonda Brown Flint Carter **Alvin Davis Earnestine Doss Edward Gooding** James Kennedy Sandra Jones Alma Lee Horatio McKenzie Walter Lee **Gabriel Moreno** Zandra Smith Gloria Terry Florrie Thomas **Sonya Thomas** Yolanda Thompson Irene Washington **Margaret Wiggins Sharon Wiggins** Anna Wyche **Kermit Wyche**

No Calls/Visitors

Mittie D. Fowler

Not Residing in Miami-Dade

Dora Ayala Valerie Brown **Carolyn Cephas** Leon Clements, Jr. **Lorinda Crumity** Lillie Mae Curry **Chris Jackson & Family Betty Kendall Lane Sisters Hazel Mathis** Troy McQueen **Margarette Simmons** Mary Smiley Henry Ward (home from hospital; recuperating) Minister Dockins (Southside CoC-Valdosta) Mother-in-Law, Ms. Hutchinson, of Nassau, Bahamas, (stroke)

Prayers / Special Prayers

Erica Benjamin **Linda Bryant & Family** Yvette Basley Tonya Bridges **Hugo Cabrera & Family** Matilda Clark **Deborah Carter** CoC (Birmingham) Coosada Rd. CoC Cooners's Family **Gary Curry Natenia Dansy** Doss's Family Dr. McKendall St. Elio **Darin Fantroy** Calvin&Sabrina Frances Dennis Gamble & Fam. **Goulds CoC Greg Gonzalez** Graham's Family **Grace Street CoC** J.K. Hamilton **James Hardwick Bruce Harrison** William Hensley Lola Higgs **Gregory Howard** Lizzie Hutton **Desiree Jackson** Roger Kendall Lee's Family **Zoe Madison & Family Angie Martinez & Family Annie Morrison Emory Pinkney** Jean Prudent Romer Family **Beatrice Ramsey & Fam** Southside CoC (CA)

Renae Stevenson

Sheria Story

Bobby Williams

Gloria Zeigler

Robin Ward Glentravia Thomas Gloria Wiley's Family Kaela Wyche Britney McKnight & son, Bernard

Diane Davis and Bell Families & Co-Worker

Ralph Smith

Karen Payne & Friends: Clara, Joan, Debbie, & Diane

Announcements and Upcoming Events

"ZOOM" & "PHONE" CONFERENCING

"Crisis in the Land: A Study of James"

Part 4

James 4: 2-4 (Part 3)



Tuesday, March 23, 2021 7:00PM

Web Address, Meeting ID., & Password have been sent via Email or Text for Zoom Conferencing

OR

Dial: 305-402-4522

HealthCare Ministry

"COVID-19 Could Increase Dementia, Other Brain Disorders for Decades to Come" (Part 3)

Submitted by: Beatrice Ramsey

. Although it's too early to tell what the long-term effects of COVID-19 will be on the cognitive health of survivors, scientists now fear the disease could feed a spike in dementia and other neurodegenerative diseases in the decades ahead. In addition, a growing number of COVID long-haulers already meet the clinical criteria for Chronic Fatigue Syndrome (CFS), a mysterious condition, also called myalgic encephalomyelitis, characterized by extreme fatigue, exercise intolerance and a whole host of other strange and debilitating neurological symptoms. Prior to COVID-19, CFS afflicted 2 million Americans. If COVID long-haulers follow the trajectory of those who suffer from CFS, anywhere from 10-to-30 percent of those inflected by SARS-CoV-2 may eventually experience long term symptoms- a vast pool of additional millions with the condition who will place a new strain our healthcare burden, says Avindra Nath, clinical director of the National Institute of Neurological Disorders and Stroke (NINDS).

In recent months, the medical establishment has belatedly begun to respond to the crisis. Whereas COVID-19 was in early months considered mainly a respiratory virus, there's now a growing appreciation for its effect on other organs, including the brain. In addition, the media has increasingly begun to draw attention to the plight of long-haulers and their cognitive symptoms.





ALL SERVICES AT THE BUILDING HAVE BEEN SUSPENDED UNTIL FURTHER NOTICE

Weekly Contributions & Communion

WE WILL GLADLY ACCEPT YOUR WEEKLY CONTRIBUTIONS:

- 1. ONLINE AT www.lcccmiami.org (PayPal).
- 2. MAIL YOUR CONTRIBUTIONS TO LIBERTY CITY CHURCH OF CHRIST, P. O. BOX 680308, MIAMI, FL 33168
- 3. USE THE CHURCH'S MAIL SLOT (in the front of the building), $\overline{\text{OR}}$
- 4. BRING YOUR CONTRIBUTIONS TO THE BUILDING WHEN YOU PICK UP YOUR COMMUNION. SOMEONE WILL BE AT THE BUILDING EACH SATURDAY FROM NOON UNTIL 2:00PM

NEW OFFICE HOURS

MONDAY 10AM – 2PM TUESDAY 10AM – 2PM WEDNESDAY 10AM – 2PM

PLEASE REMEMBER

- 1. Stay home if possible
- 2. Wear a mask
- 3. Practice social distancing
- 4. Wash your hands often with soap and water for 15-20 seconds

Please come by the building to pick up masks, if needed

Seriously Seeking Saints

- 1. With Information Technology Skills
- 2. With Skills in Social Media
- 3. Church Maintenance Supervisor Contact Eric Doss at 305-836-4555

FEMA to Reimburse Families for COVID-Related Funeral Costs Starting in April

If You Know Someone who died from COVID-19 (after January 2020), encourage their loved ones to visit:

fema.gov/disasters/coronavirus/economic/funeral-assistance